

12TH ANNUAL NJ HEALTHCARE MARKET REVIEW

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Borgata Hotel Casino & Spa Atlantic City, NJ

Security Breaches, Cyber Liability, and Effect on Sale Transactions

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Medical Center

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Medicus IT

MODERATOR



Lani M. Dornfeld, Esq., CHPC
Member, Brach Eichler LLC

Lani M. Dornfeld is a Member in the Healthcare Practice Group. She is a seasoned healthcare and business attorney with a reputation for client responsiveness, attention to detail while not losing sight of the big picture, and providing sound legal guidance that takes into account the client's business needs and objectives. Her practice focuses on a wide variety of transactional, business, and regulatory matters, including sales and purchases of healthcare businesses, strategic partnerships, joint ventures, private equity investments and transactions, HIPAA compliance, corporate compliance, federal and state fraud and abuse laws, and contract negotiations. Lani also has deep experience in managing guardianship, patient care, informed consent, advance directive, and bioethical matters and issues.

Lani's clients include hospitals, health systems, management service organizations, surgery centers, substance use disorder treatment facilities, mental health treatment facilities, home health agencies, hospices, dental practices, medical practices, and individual healthcare providers.

A frequent lecturer and occasional adjunct professor, Lani is a sought-after speaker on a variety of health care topics. Lani also regularly contributes to Brach Eichler's monthly Health Law Update publication.

PANELISTS



Renee Bovel, MD

Founder & CEO, Advanced Eyecare Medical Center

Renee Bovel is the founder & CEO of Advanced Eyecare Medical Center, PA “dba” Envision Eye & Laser Center – currently serving over 20,000+ lives. She is a board-certified ophthalmologist, was trained at Wellesley College, UCLA School of Medicine, Yale University and the LSU Eye Center. She was pleased to be named a 2021 Washingtonian TOP DOCTOR by her peers. Additionally, Dr. Bovel received a Master’s in Cybersecurity Strategy and Information Management from GWU and focused on policies and practices that protect critical information with particular attention to the healthcare field. She has academic appointments at Howard University Hospital, Ross University School of Medicine, and the University of Maryland Capital Region Medical Center. She has been privileged to educate medical students, residents, and physicians locally and during national conferences on a broad array of issues in ophthalmology. Dr. Bovel authored the first MedChi-approved continuing medical education course on Cybersecurity for Physicians and continues this work for both national and regional medical organizations. Additionally, she authored a chapter in *“Navigating A Triple Pandemic: Volume 3: Claiming Our Healing & Embracing a New Normal”*.

PANELISTS



Neil A. Owens, CIC, Esq.
Managing Director, E.B. Cohen

As Managing Director at E.B. Cohen, A Hilb Group Company, Neil manages the Roseland, NJ office. Neil develops long term client relationships by applying his unique expertise to client needs. With over 24 years of experience, Neil delivers caring, professional solutions to complex insurance and risk management problems.

Neil earned his Bachelor of Business Administration from the College of William and Mary in Williamsburg, Virginia in 1999. In 2000, he earned his Certified Insurance Counselor (CIC) designation. At the time, he had the distinction of being the youngest person to earn a CIC. A lifelong learner, he went on to obtain his J.D. from Seton Hall University Law School in 2005 and became a member of the New Jersey Bar Association. He frequently provides educational workshops on various aspects of commercial insurance and cyber insurance. In 2018 Neil spoke at the prestigious William & Mary Mason School of Business event Cybersecurity Conference of Experts.

EB Cohen has been an industry leader specializing in all areas of Insurance & Risk Management for the healthcare industry. EB Cohen is A Hilb Group Company with over 130 offices across the country. As a top 20 agency, The Hilb Group affords clients the comfort that their insurance is with a premiere, best in class organization.

PANELISTS




Nelson Gomes,
Senior Vice President of Business Development, Medicus IT

Nelson Gomes is an accomplished healthcare IT executive with over 25 years of experience in the industry. He passionately advocates for leveraging technology to enhance patient care while transforming the business of healthcare. Currently, Nelson serves as the Executive Vice President of Business Development at Medicus IT, where he spearheads business growth and development initiatives.

Nelson's journey in healthcare IT began with the founding of PriorityOne Group in 1997, a premier provider of healthcare IT services and solutions. Under his leadership, PriorityOne Group grew to become a recognized leader in the industry, pioneering innovative solutions that enabled healthcare organizations to utilize technology for improving patient care, optimizing operations, and managing costs.

In his current role at Medicus IT, Nelson is dedicated to helping healthcare organizations navigate the complex landscape of healthcare IT and to delivering innovative solutions that drive business growth and improve patient care. Nelson is passionate about cultivating strong business relationships with clients, partners, and healthcare industry leaders and values the opportunity to collaborate with the exceptional team at Medicus IT. His contributions reflect a deep-seated drive to revolutionize the healthcare landscape through the strategic use of technology.



Security Breaches, Cyber Liability, and effect on Sale Transactions:

Security Breaches are Real and Costing
Healthcare Businesses Millions. What to Do?

The Top 5



Cyber Threats Facing the Health and Public Health Sector & Cybersecurity Best Practices

- **Social Engineering**
 - attempt to trick you into giving out personal information or infecting your device by clicking on a link to give hackers access to patient data
- **Ransomware**
 - an attack that occurs when hackers gain control of data or a computer system and hold it hostage until a ransom is paid
- **Loss or Theft of Equipment or Data**
 - loss or theft of devices such as laptops, smart phones and devices, USB/thumb drives, etc. that could get into the hands of hackers
- **Insider, Accidental or Malicious Data Loss**
 - negligent or deliberate acts by employees, former employees, contractors, etc.
- **Attacks Against Network Connected Devices**
 - e.g., file server attached to a medical device, devices with hard drives, devices that communicate from remote locations, etc.

<https://405d.hhs.gov/Documents/HICP-Main-508.pdf>

Implementation of cybersecurity best practices

Costs of a Data Breach

Total cost of a data breach



Figure 1. Measured in USD millions

“A healthcare data breach is among the costliest types of data breach. The average cost of a data breach across industries [from March 2022 to March 2023] was \$4.45 million, yet the average cost of a healthcare data breach was the highest among all industries at \$10.93 million. Healthcare has seen a significant cost increase of 53.3% over the past three years.”

<https://securityintelligence.com/articles/cost-of-a-data-breach-2023-healthcare-industry-impacts/>

Costs can include:

- Forensic investigation and response
- Other experts, including legal
- Lost business
- Consumption of human resources
- Notification expenses
- Implementation of corrective measures
- Fines and penalties
- Lawsuits

Bottom Line: Breach events affect the bottom line.

Health Care Transactions



Breaches and Lack of Best Practices

- Current buyer landscape is sophisticated, and buyers typically will do a deep dive into due diligence, including regulatory compliance across the board
 - this includes data privacy and security compliance
- Due diligence can reveal:
 - Lack of privacy and security officer positions with real functions
 - Lack of/outdated policies and procedures
 - Lack of or lax training initiatives
 - Failure to perform periodic security risk assessments
 - Failure to develop and implement a risk management plan in response to risk assessments or identified weaknesses or vulnerabilities
 - Poor or weak IT systems and oversight
 - Past or present privacy or security breach events
- Diligence findings may result in:
 - Reduced purchase price
 - Larger than normal indemnification escrows in sale contract
 - Special indemnification provisions in sale contract
 - Indemnification claims post-closing

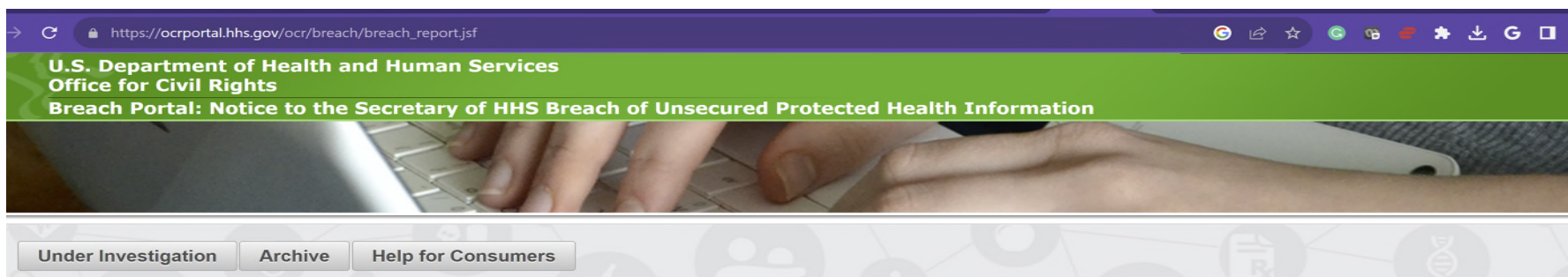
The background features a complex network of glowing yellow lines that resemble a circuit board or data pathways. These lines radiate from a central circular hub, which contains a dense, multi-layered pattern of data points or a stylized sunburst. The overall aesthetic is high-tech and digital, with a color palette dominated by yellow and grey tones.

Why Should I Care About Cybersecurity?

Healthcare is a Prime Target for Nation-States and Cyber Criminals



Wall of Shame



As required by section 13402(e)(4) of the HITECH Act, the Secretary must post a list of breaches of unsecured protected health information affecting 500 or more individuals. The following breaches have been reported to the Secretary:

Cases Currently Under Investigation

This page lists all breaches reported within the last 24 months that are currently under investigation by the Office for Civil Rights.

[Show Advanced Options](#)

Breach Report Results							
Expand All	Name of Covered Entity	State	Covered Entity Type	Individuals Affected	Breach Submission Date	Type of Breach	Location of Breached Information
+	Bayshore Brightwaters Rescue Ambulance, Inc.	NY	Healthcare Provider	500	06/10/2022	Hacking/IT Incident	Email
+	Yuma Regional Medical Center	AZ	Healthcare Provider	783145	06/09/2022	Hacking/IT Incident	Network Server
+	90 Degree Benefits, Inc.	WI	Business Associate	172450	06/09/2022	Hacking/IT Incident	Network Server
+	Christiana Spine Center, PA	DE	Healthcare Provider	3500	06/09/2022	Hacking/IT Incident	Network Server
+	Heartland Healthcare Services	OH	Healthcare Provider	2763	06/09/2022	Hacking/IT Incident	Network Server
+	Chesapeake Eye Center PA	MD	Healthcare Provider	32770	06/09/2022	Hacking/IT Incident	Network Server
+	Southern Ohio Medical Center	OH	Healthcare Provider	1333	06/08/2022	Hacking/IT Incident	Network Server
+	Orangeburg Eye Center	SC	Healthcare Provider	9000	06/08/2022	Hacking/IT Incident	Network Server

1st 6 month 2023 HHS Healthcare Breach Data

Researchers at Critical Insight

- Victims of healthcare data breaches climbed to 40 million
- 73% were due to hacking or IT incidents
- 21% of hacking breaches were targeted at ***business associates***
- 14% at health plans
- Remainder at ***individual healthcare providers***



THE DATA

Research
Suggests
Healthcare Data
Breaches Cause
2,100 Deaths a
Year

Vanderbilt University conducted a study that suggests mortality rates at hospitals rise after a data breach.

Sung Choi, PhD 2018

**Choi notes that after a breached hospitals mortality rates increase after a data breach
HIPAA covered entities must develop contingency plans for emergencies such as cyberattacks and ransomware incidents.**

Source: <https://www.hipaajournal.com/research-suggests-healthcare-data-breaches-cause-2100-deaths-a-year/>

THE DATA

Ransomware Attack Shuts down Michigan Practice – Deletes All Patient Files

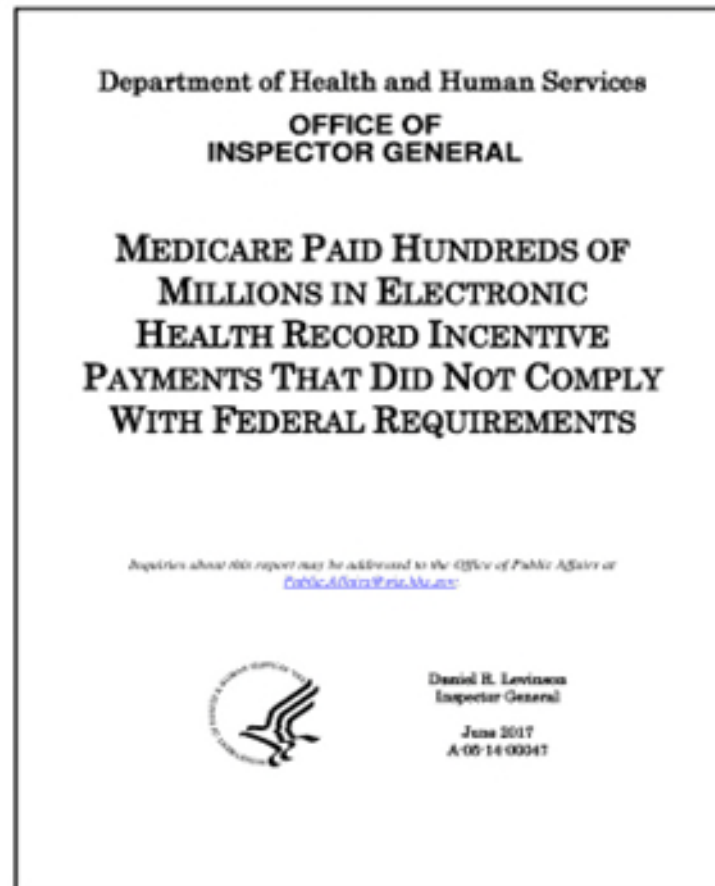
Posted in: HITECHAnswers.net
By: Art Gross 20 May 2019

‘Health care is not prepared’: Physician details deficiencies in market’s ability to combat Ransomware threats

July 20, 2021



CMS Begins First-Ever MIPS Audits, Covers 2017 & 2018 Reporting



HIPAA PENALTIES 2023

Penalty Tier	Culpability	Minimum Penalty per Violation	Maximum Penalty per Violation	Annual Penalty Cap
Tier 1	Lack of Knowledge	\$127	\$30,487	\$30,487
Tier 2	Reasonable Cause	\$1,280	\$60,973	\$121,946
Tier 3	Willful Neglect	\$12,794	\$60,973	\$304,865
Tier 4	Willful Neglect (not corrected within 30 days)	\$60,973	\$1,919,173	\$1,919,173

Business Associate Agreements (BAAs)

- The Privacy Rule requires that a covered entity obtain satisfactory assurances from its business associate that the business associate will appropriately safeguard the protected health information it receives or creates on behalf of the covered entity
- Outline how PHI will be handled between the covered entity and the business associate and who is responsible should a breach occur.
- In OCR investigations where BAAs were not properly executed, Covered Entities that had nothing to do with the breach that incited the investigation were held liable for the loss of data.
- BAAs mandated by federal regulation / best interest of protecting your organization's reputation.

Examples of BAAs

- 1099 employees
- Accrediting bodies
- Answering services/messaging services
- Consultants
- Delivery companies
- EHR/EMR companies/consultants
- Hosting servers
- IT companies
- Medical billing/coding companies/consultants
- Mobile apps and texting services
- Patient safety organizations
- Staffing agencies
- Wholesalers
- Shredding/Mobile Shredding Services
- Answering Services
- Clearing Houses
- Software as a Service (SaaS)
- Telehealth
- Telemental Health
- Marketing Companies
- Print and Mailing Services
- Transportation Services
- Managed Service providers (MSP's)
- Website development companies
- Point of sale systems
- Practice management software
- Nursing homes, personal care homes, adult communities, assisted living communities

The Data

Benefits Of Digital Forensics



**DETERMINE
LIABILITY**



**PROTECT
ASSETS**



**SECURE
DEVICES**



**RECOVER LOST
INFORMATION**



LOCATE DATA

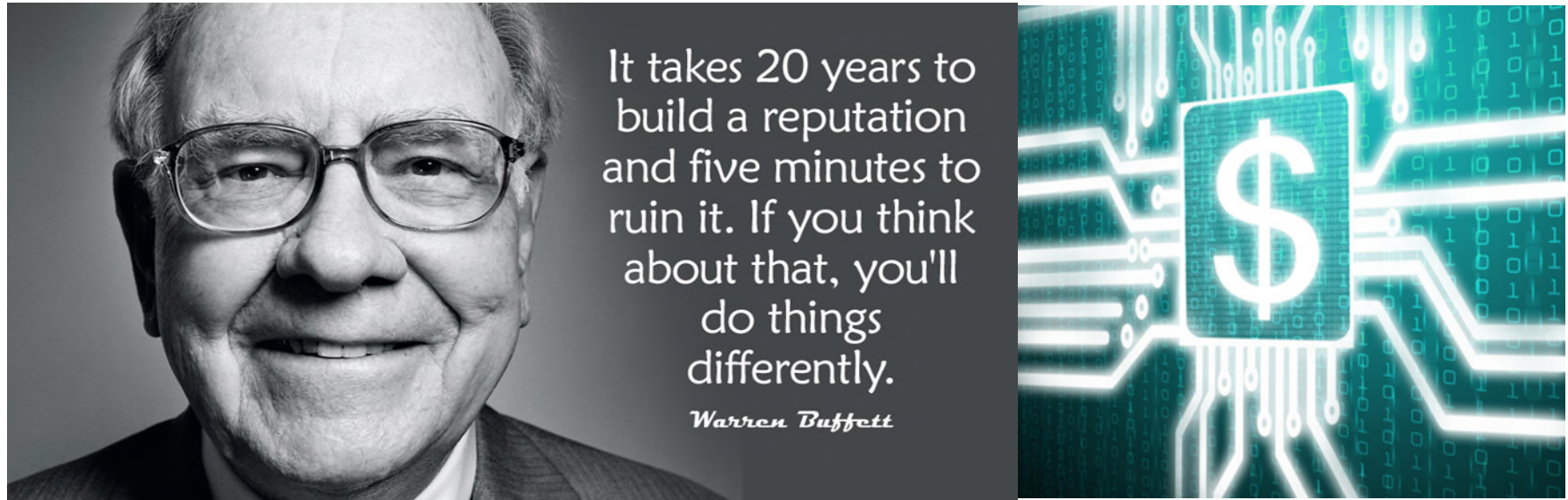


**ACCESS &
DECRYPT
PROTECTED /
HIDDEN FILES**



**DOCUMENTATION
FOR AUTHORITIES /
COURT**

Invest Now or Pay MORE Later \$\$



\$\$\$ Invest Now or Pay MORE Later \$\$\$
Alarming state of cybersecurity in healthcare facilities

Allocate cybersecurity \$\$ to Budget
EDUCATE STAFF & LEAD BY EXAMPLE

Policy / Procedures and Security Risk Assessment

New Employees and Annual Training



Cyber Insurance

Cyber Liability Insurance Guidance for the Healthcare Industry

slido



What is the gross revenue of your organization?

ⓘ Start presenting to display the poll results on this slide.

Coverage Components Available In Cyber Insurance Marketplace Today

- **1st Party Coverage:** 1. Privacy Event Crisis Management Expense & Notification expense coverage. 2. Business Interruption & Extra Expense. 3. Data Assets. 4. Cyber Extortion. 5. Computer Fraud. 6. Funds Transfer Fraud. 7. Social Engineering Coverage.
- **3rd Party Coverage:** 1. Information Security and Privacy Liability. 2. Regulatory Defense and Penalty. 3. Payment Card Industry Fines and Assessments. 4 Website Media. 5. Bodily Injury & Property Damage

How Does a Cyber Policy Work?

- Immediate Access to Data Breach Coach – an attorney – that offers guidance, arranges needed breach management resources and maintains privilege. Tip: Consider your data breach coach relationship prior to a breach. Do you have counsel you prefer? Make certain they are approved on your insurance policy at the time the coverage is placed, not after a breach. Arrange this with your trusted insurance broker.
- 1st party expenses related to a forensic investigation of the breach itself. Notification expenses, legals expenses, etc.
- 3rd party liabilities are defended and/or settled.

What Does it Accomplish?

- The Cyber policy limits can absorb the **financial impact** of a breach.
- The Cyber policy affords ease of **access** to industry leading experts to manage a breach crisis and maintain the reputation of your organization.
- The Cyber policy provides **pro-active risk management guidance** and breach awareness training services.
- A cyber policy affords peace of mind for risks that are difficult to prevent, prepare for, and manage.

Cyber Included on Malpractice?

- The Cyber coverage that may be included on your malpractice is NOT sufficient to protect your organization!
- In general malpractice insurance companies would prefer to include some token coverage and pay some low level of claim to avoid litigation about whether the primary coverage parts include Cyber. By offering a rider (aka endorsement) that includes limited coverage, a malpractice carrier avoids coverage litigation.
- It is advisable to obtain a separate Cyber Insurance Program with both 1st party coverage AND 3rd party coverage.

Sample Coverage to Compare

Item 5. Insuring Agreement(s) purchased, Limits of Liability, and Retentions

Coverage under this policy is provided only for those Insuring Agreements for which a limit of liability appears below. If no limit of liability is shown for an Insuring Agreement, such Insuring Agreement is not provided by this policy. The Aggregate Policy Limit of Liability shown above is the most the Insurer(s) will pay regardless of the number of Insured Agreements purchased.

THIRD PARTY LIABILITY COVERAGES

Insuring Agreement	Limit / Sub-Limit	Retention / Sub-Retention
A. NETWORK AND INFORMATION SECURITY LIABILITY	\$2,000,000	\$10,000
B. REGULATORY DEFENSE AND PENALTIES	\$2,000,000	\$10,000
C. MULTIMEDIA CONTENT LIABILITY	\$2,000,000	\$10,000
D. PCI FINES AND ASSESSMENTS	\$2,000,000	\$10,000

FIRST PARTY COVERAGES

Insuring Agreement	Limit / Sub-Limit	Reten
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E. BREACH RESPONSE	\$2,000,000	\$10,000
F. CRISIS MANAGEMENT AND PUBLIC RELATIONS	\$2,000,000	\$10,000
G. CYBER EXTORTION	\$2,000,000	\$10,000
H. BUSINESS INTERRUPTION AND EXTRA EXPENSES	\$2,000,000	i. Waiting period: 8 hours ii. Enhanced waiting period: 8 hours
I. DIGITAL ASSET RESTORATION	\$2,000,000	\$10,000
J. FUNDS TRANSFER FRAUD	\$250,000	\$25,000

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Market Leaders Today



A Member of the Tokio Marine Group

The background features a complex network of glowing yellow and white circuit traces on a dark grey gradient. A prominent circular graphic in the center consists of concentric rings and a central dark sphere, resembling a stylized sun or a data hub. The overall aesthetic is futuristic and technical.

Technical Perspective

TECHNICAL PERSPECTIVE



Threat
Landscape



Security
Technologies



Security
Practices



Emerging
Concerns

Security Posture Best Practices & Tools to Minimize Risk

- Security Awareness training
- Patch and software updates
- Endpoint protection
- Authentication & Access Control
- Backup and DR
- Vulnerability Management
- Incident response
- Regular Audits and Assessments

Assessing IT Due Diligence Risk Maturity and Impact on Valuation

- Risk Evaluation
- Maturity Assessment
- Valuation Implications
- Strategic Importance

Based on risk assessment, create a remediation. Prioritize risk.

Period	ID	Project	Value Driver	One-Time		Recurring	
				L	H	L	H
Pre-Transaction	1	Select a new application development partner to support MedApp	Performance & Growth	-	-	-	-
	2	Engage cybersecurity expert to conduct an audit of technology, configurations, and policies	Cybersecurity	20,000	30,000	-	-
First 90-Days	3	Meet with IT Director to set expectations moving forward and define any goals for improvement	Performance	-	-	-	-
	4	Engage governance and compliance expert to conduct an in-depth assessment and to help establish governance program	Risk Governance	10,000	20,000	-	-
	5	Create formal cybersecurity, data security and breach policies	Risk Governance	-	-	-	-
	6	Create an annual risk assessment report	Risk Governance	-	-	-	-
Year 1	7	Select 1 MSP to own support of all network components, including a virtual SOC for 7x24 security event monitoring	Performance & Cybersecurity	10,000	20,000	10,000	20,000
	8	Work with the MSP to streamline the variety of technologies on the network, simplifying and standardizing support	Performance	80,000	100,000	16,000	20,000
	9	Improve the quality and scope of the backup and disaster recovery solution and begin annual tests	Risk Mitigation	30,000	40,000	6,000	8,000
	10	Reorganize IT Operations to increase utilization & efficiency	Performance & Cost Control	-	-	-	-
	11	Invest in development of or replacement of IT staff to increase technical capabilities of the team	Risk Mitigation & Performance	15,000	21,000	15,000	21,000
	12	Evaluate performance of IT Director and either reward with a salary adjustment or replace with a more skilled Director.	Risk Mitigation & Growth	20,000	40,000	20,000	40,000
Year 2	13	Y1 Add 20 Laptops, all necessary software licenses, and 3 phone plans	Growth	50,000	70,000	-	-
	14	Y2+ Add 10 Laptops, all necessary software licenses, and 3 phone plans	Growth	-	-	25,000	35,000
	15	Increase IT Staff by one associate in year 2	Growth	-	-	50,000	70,000

TECHNICAL PERSPECTIVE



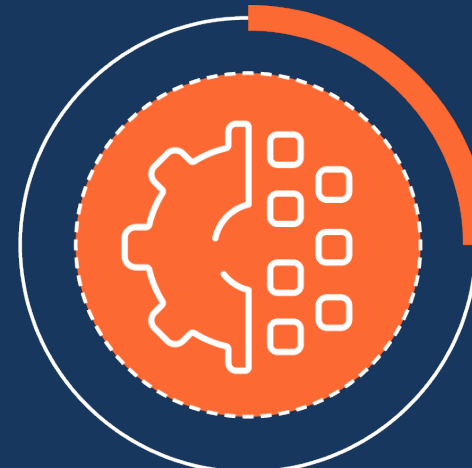
People

- Training and awareness
- Role Based Access
- Security-focused team
- Executive and Leadership adoption



Process

- Incident response
- Regular Audits
- Patch Management
- Access Control
- Backup and DR
- Vendor management
- Regulatory



Technology

- Endpoint
- Encryption
- MFA
- IDPS
- SIEM
- Vulnerability Management
- AI



QUESTIONS?

This presentation is intended to provide general information. It is not intended as a form of, or as a substitute for, legal advice and analysis. Legal advice should always come from in-house or retained counsel. Moreover, if this presentation in any way contradicts advice of counsel, counsel's opinion should control over anything written herein. No attorney-client relationship is created or implied by this presentation. No reproduction or dissemination of this presentation is permitted without the prior written consent from Brach Eichler, LLC. @2022 Brach Eichler. All rights reserved.